



Father-Son Day at Hidden Valley Ashram



Come join us for a Father & Son gathering on Saturday, June 16th!

This will be a day dedicated to celebrating & sharing the unique relationship that exists between a father and son in a spiritual environment located in the beautiful countryside of Escondido.

The Hidden Valley monastics will be on hand to talk about the spiritual & practical principles that our Guru, Paramahansa Yogananda, has given. They will provide guidance on how to cultivate the trust and understanding needed for the successful sharing of life's challenges as parents & sons grow in Spirit together.

In addition to lectures and satsanga, a variety of outdoor activities are planned such as group sports & games providing "fun for all ages". There will also be the opportunity for hiking on the many trails that run through the grounds.

The event will begin at 10 a.m. and end at 4:30 p.m. on Saturday, June 16th 2018. It is open to all SRF fathers & sons (aged 8 years and up). There is a suggested donation of \$75 which can be made when registering online or you may donate by leaving cash or check in a donation box onsite during the day of the program.

For those interested in attending, [please register online here: Father&SonDay.](#)

Schedule of Activities

- 10:00 am.....Arrival & Registration (light refreshments available)
- 10:30 am.....Welcome & Introduction to the day
- 11:00 am.....Spiritual Class for Fathers
- 11:00 am.....Outdoor Fun for Sons: Games & Sports
- Noon.....Group Meditation for All- under the oak trees
- 12:30 pm.....Vegetarian Lunch!
- 2:00 pm.....Hike in the HV 'South 40' or a tour of the Ashram
- 3:00 pm.....Separate Satsangas for father & sons
- 4:00 pm.....Closing Thoughts and Group Photos
- 4:30 pm.....Departure

Register Now!