

*Self-Realization Fellowship*  
*Hidden Valley Ashram*



**The Selfless Social Arts of Yoga**  
*July 12 - 15*

What does Paramahansa Yogananda say about the yogi's way to  
navigate times of change?

During this weekend we will explore  
his thoughts and practices

- A Yogi's Poise Between Order and Chaos
- Making Our Work an Offering of Service
- Building Deeper Relationships
- The Mirror of Behavior
- The Social Way to Universal Consciousness
- Satsang - Answers to Your Questions
- Guided Meditations

All in the beauty and peace  
of rolling hills and ancient oaks

Please call for your reservation before the last rooms are taken

760-749-3399

If you have satsang questions  
we encourage you to send them now

**Satsang Questions**

In Guruji's friendship,

*Hidden Valley Ashram*

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*A Natural Place for Realizing Your True Self*

Email: [info@hvashram.org](mailto:info@hvashram.org) - Website: [www.hvashram.org](http://www.hvashram.org)

Phone: 760-749-3399 - Fax: 760-749-3323

**Be sure to ask about our resident volunteer program**

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